

## **CHARLES N. APRILL, M.D.**

INTERVENTIONAL SPINE SPECIALISTS  
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### **Personal and Family Information**

Born September 30, 1941 in New Orleans, Louisiana. Married Jane Gardner Aprill on June 21, 1963. They have five children and two grandchildren.

### **Education and PostGraduate Training.**

- ◆ University of Notre Dame. Bachelor of Science – Biology, June 1963
- ◆ Louisiana State University School of Medicine – M.D., June 1967
- ◆ Charity Hospital of Louisiana (New Orleans) – Mixed Medicine
- ◆ Ochsner Medical Foundation (New Orleans) – Radiology Residency completed 1971

### **Military Service**

- ◆ United States Navy Active Reserve – 1971 to 1973 – Lieutenant Commander – Stationed in Pensacola, Florida – Staff Radiologist, Naval Hospital – Honorable Discharge

### **Licensure**

- ◆ Louisiana #010526 Current
- ◆ Texas #24989 Not maintained after 1976
- ◆ Iowa #856 Six-month temporary license issued September 1987

### **Certification**

- ◆ Issued on December 8, 1972 in Diagnostic Radiology by the American Board of Radiology

### **Medical Societies**

- ◆ Jefferson Parish Medical Society
- ◆ Louisiana State Medical Society
- ◆ American Medical Association
- ◆ New Orleans Radiology Society
- ◆ Louisiana State Radiologic Society
- ◆ American College of Radiology
- ◆ Roentgen Ray Society
- ◆ North American Spine Society – *Past Board Member*
- ◆ Cervical Spine Research Society
- ◆ American Back Society – *Past Board Member*
- ◆ International Spinal Injection Society – *Former President*
- ◆ International Intradiscal Therapy Society

## **PRACTICE HISTORY**

### **JULY 1973 – SEPTEMBER 1975**

Private Practice based at Rosewood General Hospital  
9200 Westheimer – Houston Texas – 70042

*Private practice of radiation oncology, nuclear medicine, and invasive/interventional diagnostic and therapeutic special procedures. Practice affiliation with Dr. Vincent Collins.*

### **OCTOBER 1975 – DECEMBER 1978**

Private Practice / Staff Radiologist East Jefferson General Hospital  
4200 Houma Boulevard, Metairie, Louisiana

*Private practice of general diagnostic radiology, ultrasound, nuclear medicine including cardiology, diagnostic invasive / interventional special procedures. Practice affiliation with Drs. William Bean and Mario Calonje.*

### **JANUARY 1979 – DECEMBER 1986**

Private Practice / Staff Radiologist at St. Charles General Hospital  
3700 St. Charles Avenue  
New Orleans, Louisiana 70115

*Private practice of general diagnostic radiology, ultrasound, nuclear medicine including nuclear cardiology, non-invasive vascular testing, CT scanning and invasive / interventional special procedures. During this period diagnostic evaluation of spine disorders became the focus of practice activities. Practice affiliation with radiation Consultants of New Orleans.*

### **JANUARY 1987 – MAY 1993**

Private Practice /Solo Consultant Practice /Diagnostic Conservative Management  
3715 Prytania Suite 101  
New Orleans, Louisiana 70115

*Private Practice consisting of the clinical and radiologic evaluation of adult patients with spine disorders.*

### **MAY 1993 – AUGUST 2005**

Solo Consultant Practice / Magnolia Clinic  
2718 Cadiz Street  
New Orleans, Louisiana 70115

*Private Practice limited to the clinical and radiologic evaluation of adult patients with spine disorders.*

### **JANUARY 2006 – PRESENT**

Solo Consultant Practice / Interventional Spine Specialists  
1919 Veterans Memorial Blvd., Ste 101  
Kenner, Louisiana 70062

*Private Practice limited to the clinical and radiologic evaluation of adult patients with spine disorders.*

## **AWARDS AND HONORS**

- OWL CLUB AWARD FOR CLINICAL INSTRUCTION 1978.  
Presented by the students of Tulane University Medical School for outstanding clinical instruction in the radiology rotation.
- AMERICAN MEDICAL ASSOCIATION PHYSICIAN RECOGNITION AWARD 1983 – 1986
- UNIVERSITY OF IOWA – VISITING PROFESSOR OF RADIOLOGY FOR AUGUST 1987
- AWARD FOR OUTSTANDING SPINAL RESEARCH 1988.  
Awarded by Cervical Spine Research Society
- AMERICAN MEDICAL ASSOCIATION PHYSICIAN RECOGNITION AWARD 1986-89
- THE ACROMED AWARD FOR OUTSTANDING SPINAL RESEARCH 1989  
Presented by the North American Spine Society
- APPOINTMENT AS CLINICAL ASSISTANT PROFESSOR on the FACULTY AT LSU DEPARTMENT OF RADIOLOGY WITH A JOINT APPOINTMENT IN THE SECTION OF PHYSICAL MEDICINE AND REHABILITATION 1996.
- THE MCKENZIE INSTITUTE INTERNATIONAL EXTENSION AWARD 1997
- APPOINTMENT AS CLINICAL ASSOCIATE PROFESSOR in the DEPARTMENT OF RADIOLOGY and CLINICAL ASSOCIATE PROFESSOR in the DEPARTMENT OF ORTHOPAEDICS on the FACULTY AT TULANE UNIVERSITY (effective July 1, 1999).
- CARDON AWARD FOR EXCELLENCE IN A PUBLISHED RESEARCH ARTICLE 2000.
- INTERNATIONAL SPINAL INJECTION SOCIETY “TEACHER OF THE YEAR” 2004
- EDITORIAL REVIEW BOARD FOR PAIN MEDICINE

## **PUBLICATIONS**

- ◆ Schuler S., Aprill C.N.: Peripheral Joint Imaging, Variations in Normal Children. In: JOURNAL OF NUCLEAR MEDICINE, 13:367, 1972.
- ◆ Schuler S., Aprill C.N.: Peripheral Joint Imaging, Methods of Evaluating Pediatric Bone and Joint Diseases. In: AMERICAN JOURNAL OF DISEASES OF CHILDREN, 124: 673, 1972.
- ◆ Bean W., Geshner J., Calonje M., Aprill C.N.: Ultrasonic Diagnosis of Serous Cystadenocarcinoma of the Ovary. In: JOURNAL OF LOUISIANA STATE MEDICAL SOCIETY, 129:123, 1977.
- ◆ Bean W., Caljone M., Aprill C.N., Geshner J.: Ultrasound Diagnosis of the Hyperextended Head in Breech Presentation. In: JOURNAL OF CLINICAL ULTRASOUND, 5:278, 1977.
- ◆ Bean W., Calonje M., Aprill C.N., Geshner J.: Percutaneous Catheterization of the Gallbladder with Ultrasound Guidance. JOURNAL OF THE SOUTHERN MEDICAL SOCIETY, February 1978.
- ◆ Bean W., Calonje M., Aprill C.N., Geshner J.: Cholelithiasis Diagnosed by Ultrasound. JOURNAL OF THE LOUISIANA STATE MEDICAL SOCIETY, 129:253, 1977.
- ◆ Bean W., Calonje M., Aprill C.N., Geshner J.: Anal Artesia: A Prenatal Ultrasound Diagnosis. JOURNAL OF CLINICAL ULTRASOUND. October 1977.
- ◆ Bean W., Calonje M., Aprill C.N.: Percutaneous Treatment of Renal Cyst with Ultrasound Guidance: A New Method. Submitted and accepted in: AMERICAN JOURNAL OF ROENTGENOLOGY. December 1977.
- ◆ Aprill C. Editorial Letter- on CT Scanning and Metrizamide Myelography. In: SPINE Vol. 10 No.8, pp. 691. October 1985.
- ◆ vanHaranta H., Sachs B., Ohnmeiss D., Aprill C., Spivey M., Guyer R., Rashbaum R., Hochschuler S., Terry A., Selby D., Stith W., Mooney V.: Disc Deterioration in Low Back Syndromes. A Prospective, Multi-Center CT/Discography Study. In: SPINE Vol. 13 No. 12 pp. 1349-1351. 1988.
- ◆ Simmons J.W., Aprill C.N., Dwyer A.P., Brodsky A.E.: A Review of Holt's Article:" The Question of Lumbar Discography". In: CLINICAL ORTHOPAEDIC AND RELATED RESEARCH. Number 237, pp. 120-123. December 1988
- ◆ vanHaranta H., Sachs B., Ohnmeiss D., Aprill C., Spivey M., Guyer R., Rashbaum R., Hochschuler S., Terry A., Selby D., Stith W., and Mooney V.: Pain Provocation and Disc Deterioration by Age; A CT/ Discography Study in a Low Back Pain Population. In: SPINE 14(4): 420-423. 1989.
- ◆ Aprill CN: Thoracic Spine. In: Sectional Anatomy by MRI/CT; Georges El Khoury, Ronald Bergman, William Montgomery. Churchill Livingstone. Section V. Chapter 12; pp 443-458. 1990.
- ◆ Aprill CN: Lumbar Spine. In: Sectional Anatomy by MRI/CT; Georges El Khoury, Ronald Bergman, William Montgomery. Churchill Livingstone. Section V. Chapter 13; pp 465-492. 1990.
- ◆ Dwyer A., Aprill CN, Bogduk N.: Cervical Zygapophyseal Joint Pain Pattern 1: A Study of Normal Volunteers. In: SPINE Vol. 15 No. 6 pp. 453-457. 1990.
- ◆ Dwyer A., Aprill C.N., Bogduk N.: Cervical Zygapophyseal Joint Pain Pattern. 2. A Clinical Evaluation. In: SPINE Vol. 15 No. 6 pp. 458-461. 1990.
- ◆ Walsh T., Weinstein J., Spratt K., Lehmann T., Aprill C., Sayre H.: Lumbar Discography in Normal Subjects. In: JOURNAL OF BONE AND JOINT SURGERY 72(7). 1990.
- ◆ Aprill C., Bogduk N.: The Prevalence of Zygapophyseal Joint Pain. A First Approximation. In: SPINE 17(7): 744-747. 1991.
- ◆ Aprill C.: Myelography. In: THE ADULT SPINE -PRINCIPLES AND PRACTICES; John Frymoyer, editor; Raven Press, New York, publisher; Chapter 19 pp. 403-443. 1991.
- ◆ Robertson H., Menoni R., Aprill C., Smith R., Aprill C., Smith R.: CT and MRI Scans in Thoracic Intradural Disc Herniation. In: NEURORADIOLOGY, pp.331-332. Springer -Verlag. 1991.
- ◆ Amevo, B., Aprill, C., Bogduk, N.: Instantaneous Axis of Rotation in Patients With Neck Pain. In: SPINE, Vol. 17(7) 748-756. 1992.

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- ◆ Aprill, C.: Computed Tomography- Discography In Spinal Stenosis. In: LUMBAR SPINAL STENOSIS; Gunnar B.J. Andersson and Thomas W. McNeill, editors; Mosby yearbook, publisher. Chapter 21 pp. 255-275, Mosby yearbook. 1992.
- ◆ Aprill, C.: The Role of Anatomically Specific Injections into the Sacroiliac Joint. In: FIRST INTERDISCIPLINARY WORLD CONGRESS ON LOW BACK PAIN AND ITS RELATION TO THE SACROILIAC JOINT. San Diego, California, 1992, pp. 373-380. 1992.
- ◆ Aprill, C. Bogduk, N.: High Intensity Zone: A Diagnostic Sign Of Painful Lumbar Disc on MRI. In: THE BRITISH JOURNAL OF RADIOLOGY, 65: 361-369. 1992.
- ◆ Bogduk N., Aprill, C: On the Nature of Neck Pain, Discography, and Cervical Zygapopyseal Joint Blocks. In: PAIN, 54, pp. 213-217. 1993.
- ◆ Aprill, C.: Radiologic Imaging Techniques of the Spine. In: REHABILITATION OF THE SPINE; SCIENCE AND PRACTICE, Stephen H. Hochschuler, Howard B. Cotler and Richard D. Guyer, editors; Mosby-Year Book Inc., publisher. Chapter 8, pp. 79-112. 1993
- ◆ Wetzel T., LaRocca H., Lowery G., and Aprill C., Derby, R, Fortin, J., Kine, G, and Bogduk, N.: The Treatment of the Lumbar Spinal Pain Syndromes Diagnosed by Discography. Lumbar Arthrodesis. In: SPINE Vol. 19 No. 7, pp. 792-800. 1994.
- ◆ Fortin J., Aprill CN, Ponthieux B, Pier J: Sacroiliac Joint: Pain Referral Maps Upon Applying a New Injection/Arthrography Technique; Part II: Clinical Evaluation. SPINE, Vol. 19, No. 13 pp. 1483-1489. 1994
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- ◆ Schwarzer AC, Derby R, Aprill CN, Fortin J, Kine G, Bogduk N: Pain From the Lumbar Zygapophysial Joints: A Test of Two Models. In: J SPINAL DISORDERS Vol. 7, No. 4, pp. 331-336, 1994.
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- ◆ Schwarzer AC, Aprill CN, Derby R, Fortin J, Kine G. Bogduk N: The Prevalence and Clinical Features of Internal Disc Disruption in Patients with Chronic Low Back Pain. In: SPINE Vol 20. No. 17, pp. 1878-1883, 1995.
- ◆ BogdukN, AprillC, DerbyR: Diagnostic Blocks of Spinal Synovial Joints. In: SPINE CARE OPERATIVE TREATMENT VOLUME ONE; Arthur H White, Editor and Jerome A Schofferman, M.D. Associate Editor; Mosby yearbook publisher. Chapter 21 pp. 298-321. 1995.
- ◆ BogdukN, AprillC, DerbyR: Epidural Steroid Injections. In: SPINE CARE OPERATIVE TREATMENT VOLUME ONE; Arthur H White, editor and Jerome A Schofferman, M.D. associate editor; Mosby-Year Book Inc., publisher. Chapter 22 pp. 322-343. 1995.

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- ◆ Aprill, C.: Diagnostic Disc Injections II. Diagnostic Lumbar Disc Injections. In: THE ADULT SPINE: PRINCIPLES AND PRACTICE 2<sup>ND</sup> EDITION; John Frymoyer, editor; Raven Press, New York; publisher. Chapter 28, pp. 539-562. 1997.
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- ◆ CannonDT, AprillCN: Focused Review; Lumbosacral Epidural Steroid Injections. In: ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION. Vol. 81. pp. S87-S98 March 2000.
- ◆ YoungS, AprillC: Characteristics of a Mechanical Assessment for Chronic Lumbar Facet Joint Pain. In: THE JOURNAL OF MANUAL & MANIPULATIVE THERAPY. Vol. 8, No. 2, pp.78-84
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- ◆ Aprill C: Use of Discography. Submitted for publication in CONTROVERSIES IN SPINE SURGERY: SURGICAL TECHNIQUES AND MEDICAL TREATMENT by Thomas A. Zdeblick, and Edward C. Benzel; editors
- ◆ [Aprill C, Axinn MJ, Bogduk N.](#): Occipital headaches stemming from the lateral atlanto-axial (C1-2) joint. Cephalalgia. 2002 Feb;22(1):15-22.
- ◆ [Laslett M, Young SB, Aprill CN, McDonald B.](#): Diagnosing painful sacroiliac joints: A validity study of a McKenzie evaluation and sacroiliac provocation tests. Aust J Physiother. 2003;49(2):89-97.
- ◆ [Aprill C, Laslett M, McDonald B.](#): Side of symptomatic annular tear and site of low back pain: is there a correlation? Spine. 2003 Jun 15;28(12):1347-8; author reply 1348-50
- ◆ [Young S, Aprill C, Laslett M.](#): Correlation of clinical examination characteristics with three sources of chronic low back pain. Spine J. 2003 Nov-Dec;3(6):460-5.
- ◆ [Aprill CN, Melfi RS.](#): Paraplegia after lumbosacral nerve root block: report of three cases. Spine J. 2004 May-Jun;4(3):368-9; author reply 369-70
- ◆ [Rathmell JP, Aprill C, Bogduk N.](#): Cervical transforaminal injection of steroids. Anesthesiology. 2004 Jun;100(6):1595-600. Review.
- ◆ [Thalgott JS, Albert TJ, Vaccaro AR, Aprill CN, Giuffre JM, Drake JS, Henke JP.](#): A new classification system for degenerative disc disease of the lumbar spine based on magnetic resonance imaging, provocative discography, plain radiographs and anatomic considerations. Spine J. 2004 Nov-Dec;4(6 Suppl):167S-172S. Review.

- ◆ [Laslett M, Oberg B, Aprill CN, McDonald B.](#): Zygapophysial joint blocks in chronic low back pain: a test of Revel's model as a screening test. BMC Musculoskelet Disord. 2004 Nov 16;5(1):43.
- ◆ [Dumitrescu M, Aprill C.](#): Fluoroscopically guided aspiration of a zygapophyseal joint cyst. Arch Phys Med Rehabil. 2004 Dec;85(12):2071-2.
- ◆ [Melfi RS, Aprill CN.](#): Percutaneous puncture of zygapophysial joint synovial cyst with fluoroscopic guidance. Pain Med. 2005 Mar-Apr;6(2):122-8.
- ◆ [Dumitrescu M, Aprill C.](#): Letter to the editor. J Spinal Disord Tech. 2005 Apr;18(2):206
- ◆ [Laslett M, McDonald B, Tropp H, Aprill CN, Oberg B.](#): Agreement between diagnoses reached by clinical examination and available reference standards: a prospective study of 216 patients with lumbopelvic pain. BMC Musculoskelet Disord. 2005 Jun 9;6:28.
- ◆ [Derby R, Lee SH, Kim BJ, Chen Y, Aprill C, Bogduk N.](#): Pressure-controlled lumbar discography in volunteers without low back symptoms. Pain Med. 2005 May-Jun;6(3):213-21; discussion 222-4.
- ◆ Laslett M, Oberg B, Aprill CN, McDonald B. Centralization as a predictor of provocation discography results in chronic low back pain, and the influence of disability and distress on diagnostic power. Spine J. 2005 Jul-Aug;5(4):370-80.
- ◆ Derby R, Kim BJ, Lee SH, Chen Y, Seo KS, Aprill C: Comparison of discographic findings in asymptomatic subject discs and the negative discs of chronic LBP patients: can discography distinguish asymptomatic discs among morphologically abnormal discs? Spine J. 2005 Jul-Aug;5(4):389-94
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- ◆ DerbyR, MelfiR, TaluG, AprillC: Cervical Discography: Diagnostic Value and Complications. Interventional Spine an algorithmic approach. Publisher: Saunders Elsevier. Editors: Slipman, Derby, Simeone & Mayer. 2008. Chapter 67 Section 3 Cervical Spine; subsection, cervical axial pain, pp. 721-728.
- ◆ Submitted for publication: YoungS, AprillC, BraswellJ, OgardW, RichardsJ, McCarthyJ: Psychological Distress and Domains of Neck Pain Disability Pain Medicine. 2007.